American
CPR Care Association saving lives one course at a time

## Seasonal and Environmental Allergies USA



85\%
of asthma patients have allergic rhinitis


## ENVIRONMENTAL <br> FACTORS: Pollen,

Mold, Dust Mites, Animal
Dander, Cockroaches/Mice

COMMON SYMPTOMS:
Runny or Stuffy Nose; Sneezing; Coughing; Watery, Red or Swollen Eyes; Itchy Nose or Eyes; Hives/Rash; Feeling Tired

Source: AllergyAsthmaNetwork.org

